

What's On

This **November newsletter** is sent to all members of the Matlock Area u3a who are registered as current members on the Beacon database and for whom we have an email address.

Coffee Morning.

Our next Coffee morning will be on:

Monday November 7th at 10.30am at Matlock Football Club.

*******Guest Speaker***** Elizabeth Holloway*******

Who will bring a small exhibition/display of canal art, memorabilia, photographs etc which people can look at before and after the talk which will be a light-hearted presentation describing her adventures travelling the inland waterways of England.

Please put £1.00 towards the costs of the room and the refreshments into the honesty box. The digi-desk will be in operation to try to help with any technical issues you may have.

I shall hopefully have the slides from the baton relay and the photography competition to show that were due last month

GROUPS NEWS

NEW GROUP ... Rummikub



Rummikub is a tile-based game for 2 to 4 players. It is a numbers game, but you don't have to be good at counting to play! Don't worry if you have never played before, we can teach you.

There are 4 different coloured sets numbered 1 to 13 plus 2 jokers. Players initially have 14 tiles with a rack to rest them on. The aim of the game is to

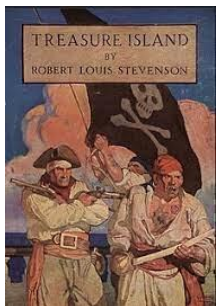
lay down all of your tiles and to enable you to do this you can manipulate or move any tiles that are already on the table.

It is good fun and great exercise for the mind.

The group will meet once a week during the winter months only – possibly between 2 and 4 on Thursday afternoon – somewhere near the centre of Matlock.

Contact Mel on 07812 500100 or email [Melanie Gamby](#) to let her know you are interested.

Classic Novels



“A classic is a book that has never finished saying what it has to say”

Join the discussion on a variety of Classic Novels on 3rd Monday of the month

New members will be very welcome

Contact Peter at: the [Peter Hale](#)

40th Anniversary Walk and Talk events

As part of the Derbyshire network's walk and talk events Susan Tomlinson will be leading a guided walk around Matlock town. Even though it's our home town I am sure there is much to learn about it and the historical points of interest which surround us.

This is on **Monday 31st October 10.15am - 12.15pm** starting from the Imperial Road car park.

Please contact Susan by email if you would like to join [Susan Tomlinson](#)

Science/Tech programme

From November 2022 the SciTech Group will be switching days of meetings **from** the 4th Tuesday **to** the 4th Wednesday of every month (except August and December). The meetings will still be at St Elphins Studio starting at 2 pm.

The November meeting will then be on **Wednesday 23rd November** and be a Miscellany Round Table as in the programme.

Current Affairs2

The Current Affairs 2 group meets on the last Wednesday of each month at its members' houses from 2 until 4 pm to discuss any topic of current interest and generally solve the world's problems. Our discussions are informal, wide ranging and always lively.

We are looking for new members to join our friendly Group. If you share our lively interest in news of the day and current issues and might be interested in

joining us, please contact our coordinator, Roger Keeling: mobile 07831 26815 or email: [Roger Keeling](#)

Mindfulness and Meditation

This group is hoping to get going again after Covid. If you are interested in joining contact Judith via this email link: [Judith Holt](#)

Book Club 1

Book club 1 has a vacancy for a new member. They meet on the 2nd Friday of each month at a member's house.

Further details can be had from the coordinator, Carolyn Davies, on 07976 051762 or 01629 735493 or by email: [Carolyn Davies](#)

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